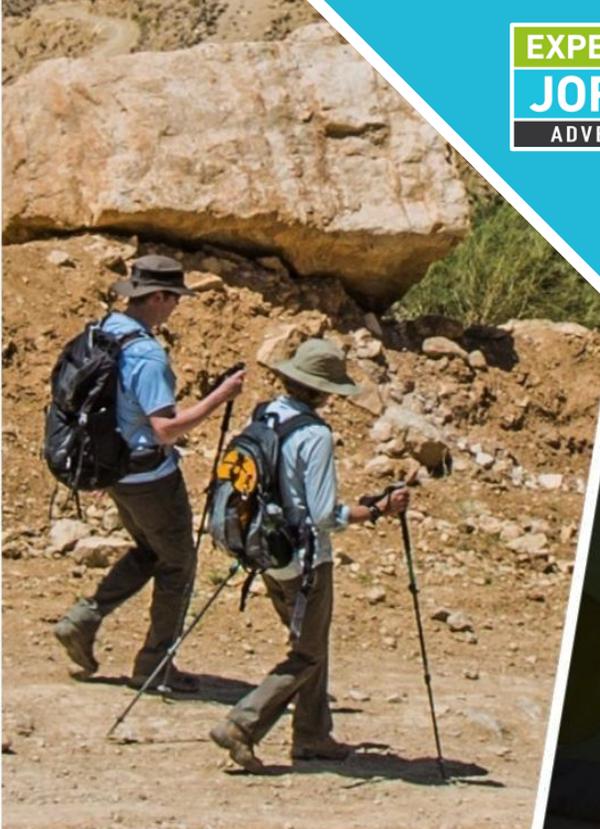




Tour Guide

DANA TO PETRA GROUP TREK

EXPERIENCE
JORDAN
ADVENTURES





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WELCOME TO JORDAN!

We are honored that you have chosen Experience Jordan Adventures for your upcoming holiday. Our goal is to create a truly memorable experience for you! Fortunately, memorable is simple to deliver as Jordan is full of powerful, epic places that you won't see anywhere else in the world. I count myself lucky and privileged to be able to share this ancient land with you.

All details for your trip, the food, the guides, the accommodations, and the transportation have been taken care of for you by our team of Adventure Experts. If you have any questions left, please continue to reach out to them.

This guide serves as an overview of what to expect. It also includes checklists for packing and preparing for your trip, as well as important contact numbers. Keep it at hand during your trip as well, you may want to reference back to it.

We are looking forward to your arrival and have planned what we hope proves to be your best holiday ever! While here, you will see our favorite parts of Jordan. Our wish is that you will fall in love with the people and the places that you visit, and that you will come back again, because there is always more to see in this country!

Thank you, and safe travels!

Ayman AbdAlkareem
General Manager



OVERVIEW

We will take you on one of the world’s most beautiful treks! Discover the diverse nature and spectacular sceneries of Jordan’s South, experience local hospitality and traditions, and see Petra, the ancient ruined city elected as one of the ‘New Seven Wonders of the World’ in 2007.

TOUR HIGHLIGHTS

- 5-days trek through ever-changing landscapes and past spectacular views
- Enter Petra off the beaten path, via ‘the Back Door’
- Go for a 4x4 jeep adventure in Wadi Rum
- Enjoy relaxing in the Dead Sea – the perfect cure for tired legs

DAY	ITINERARY	BREAKFAST	LUNCH	DINNER
1	Arrival to Amman	-	-	-
2	Amman – Hike from Dana to Mansoura	Hotel	Lunch Box	Wilderness Camp
3	Hike from Mansoura to Furon	Wilderness Camp	Lunch Box	Wilderness Camp
4	Hike from Furon to Ghour Whedat	Wilderness Camp	Lunch Box	Wilderness Camp
5	Hike from Ghour Whedat to Little Petra	Wilderness Camp	Lunch Box	Bedouin Camp
6	Hike from Little Petra to Petra	Bedouin Camp	Lunch Box	Hotel
7	Petra – Wadi Rum	Bedouin Camp	Local Restaurant	Bedouin Camp
8	Wadi Rum – Dead Sea - Amman	Bedouin Camp	Dead Sea	Hotel
9	Departure from Amman	Hotel	-	-



DAY 1: ARRIVAL – AMMAN

Welcome to Jordan! Take some time to arrive, check into your hotel room, have a first experience of the delicious Jordanian cuisine... Depending on when your flight arrived, you will even have some time to explore the city by yourself.

Amman is Jordan's capital, and one of the oldest cities in the world. Inhabited since the Bronze Age, the city has grown into a modern city with all that you might expect. Restaurants, coffee shops, bars, and art galleries continue to pop up everywhere, and a wide range of cultural events is happening daily. Despite this amazing growth, Amman has retained its character and traditions, and the culture of hospitality and generosity is still very present across the city.

Overnight at a hotel in Amman.



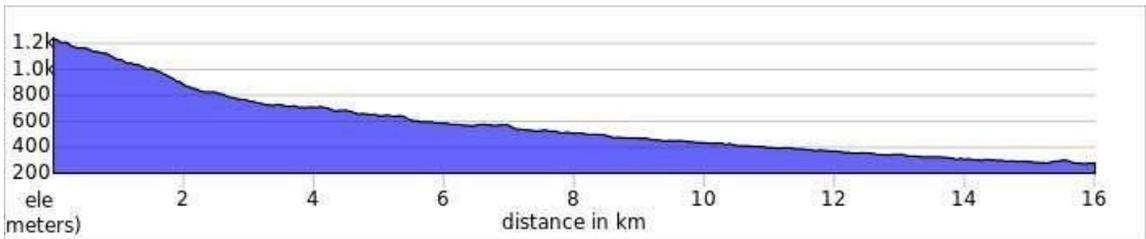
DAY 2: AMMAN – HIKE FROM DANA TO MANSOURA

In the early morning, the group will be picked up from the hotel in Amman. The drive from Amman to the starting point of the trek takes about 2.5 hours – time to get to know your fellow hikers, or to have another nap.

Our trekking journey starts with hiking through the diverse landscapes of the Dana Biosphere Reserve. The reserve includes four distinct ecozones, and is thus accommodating an astonishing diversity of plants, birds, and other animals. First, we'll follow a trail along the mountains overlooking Dana Valley, and then descend into al-Khashasha Valley. A wilderness campsite awaits us on the outskirts of the valley.

Overnight: Wilderness Camping at Mansoura

- Hiking Time: 5-7 hrs
- Distance: 15Km
- Ascent:: 260m
- Descent:: 690m





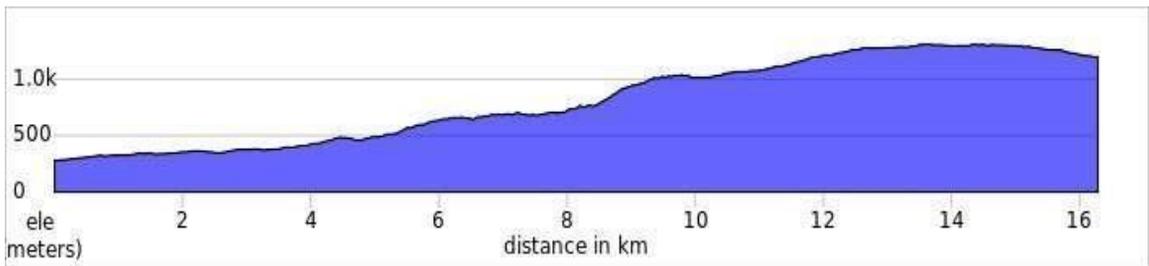
DAY 3: HIKE FROM MANSOURA TO FURON

Well rested, we will leave the campsite in the early morning, and head towards Furon.

Today's hike is challenging but extremely rewarding. We will start ascending through the mountains for approximately an hour before getting a glimpse of the beautiful Sharah Mountains and the wide Wadi Araba Desert. That outstanding view will accompany you all the way to your campsite in Al Furon. Enjoy a cup of tea and the great view from the campsite while passing the time until your well-earned dinner.

Overnight: Wilderness Camping at Furon

- Hiking Time: 5-7 hrs
- Hiking Distance: 14Km
- Ascent: 563m
- Descent: 170m





DAY 4: HIKE FROM FURON TO GHBOUR WHEDAT

Today's hike leads past Ras Al-Feid and towards Ghbour Whedat, through some of the country's wildest corners.

Contouring the Sharah Mountains, we follow a trail comprised of smaller, connecting Bedouin shepherd paths. The bare peaks of black, rugged mountains overlooking the trail, and the precipitous drops of the canyons below make this part of the trek spectacular.

Gradually climbing up the hills, you will uncover more spectacular views over the barren desert below. Then, as you proceed towards the wilderness campsite, the landscape slowly becomes softer, with mushroom like rock formations lining the way.

Overnight: Wilderness Camping in Ghbour Whedat

Hiking Distance: 17.1Km

Ascent: 750m

Descent: 920m





DAY 5: HIKE FROM GHBOUR WHEDAT TO LITTLE PETRA

After yesterday's very remote hike, we will see signs of increasing human habitation while approaching Little Petra today. Passing Bedouin camps, sheep pens, and small agricultural plots you can gain an impression of the living environment of part of Jordan's population. We will also pass the first Nabataean ruins, including wine and olive presses, aqueducts, and other ancient water infrastructures.

Finally, we will climb up through a canyon walled with soft sandstone rocks, and then down a narrow, steep flight of stairs into Little Petra. The site, also known as Siq al-Barid (engl. the Cold Canyon), is believed by archaeologist to be a 'suburb' of Petra, and was probably meant to house traders traveling along the Silk Road. After some time to explore, we'll head on to our home for the night – hot showers are waiting!

Overnight: Bedouin Camp near Little Petra

Hiking Distance: 14Km

Ascent: 610m

Descent: 560m





DAY 6: LITTLE PETRA – PETRA

On our last trekking day, we will enter Petra ‘via the Back Door’, avoiding most other tourists. Amidst high sandstone mountains a good track leads down Wadi Ghurab. The way then follows Nabataean steps out of the valley, and skirts round the final mountain on a natural rock terrace which has been ‘improved’ for the safety of hikers. It narrows slightly before reaching a hidden plateau high above the impressive chasm of Wadi Siyyagh. Just beyond, ‘the Monastery’ suddenly comes into view.

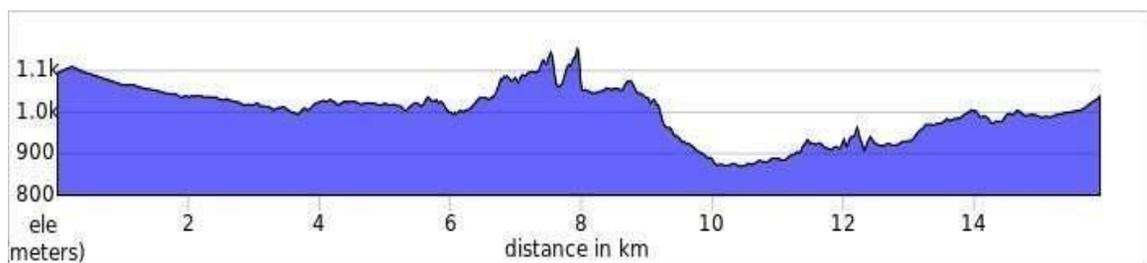
After walking the last meters to the impressive structure, we can rest for a bit, taking in the view. There also is a Bedouin café for refreshments. Then, more Nabataean steps will lead us down into the main site. We’ll make our way through a colonnaded street, past rock-cut tombs, temples, and a Roman-style theater, to finally arrive at Petra’s probably most famous building – the Treasury. Take your time to marvel at the façade’s detailed artworks. After a final look, we’ll leave the site through the Siq, a narrow, high walled canyon, and then head back to our Bedouin Camp for the night.

Overnight: Bedouin Camp near Little Petra

Hiking Distance: 13.8Km

Ascent: 496m

Descent: 519m





DAY 7: WADI RUM

After a relaxed breakfast, we leave the mountains of Petra behind, and move on to Wadi Rum. Are you ready for a desert adventure?! We will meet our Bedouin hosts and set out on a 4x4 jeep safari to explore valleys and narrow gorges, discover ancient rock inscriptions, climb sand dunes and rock bridges, and generally enjoy the majestic desert landscape. At each step you have the opportunity to hike, scramble and explore at your own pace. After viewing one of the most magical sunsets in the world, we'll return to our camp for, dinner, an experience of the famous Bedouin hospitality, a night under the starlit sky, and - of course - countless cups of tea.

Overnight: Bedouin Camp in Wadi Rum

FEEL FREE TO SHARE WITH US...

...when posting your holiday photos! We love to see images of our valued customers enjoying the beauty of Jordan.

You can use the following tags:

@experiencejordanadventures #experiencejordan



DAY 8: WADI RUM – DEAD SEA – AMMAN

Today, we will leave the desert and proceed to the Dead Sea, the lowest point on earth. You can spend some time floating in the salty waters, try out the 'magical' Dead Sea mud, relax by the pool, or pamper yourself with some spa treatments – the perfect cure if your legs are still tired and sore from all the hiking. In the late afternoon we will hop on the bus for a last time, and follow the long, winding road up to Amman - to return to where the adventure began...

Overnight: Hotel in Amman

DAY 9: AMMAN – AIRPORT DEPARTURE

Unfortunately, all great things must come to an end. For those flying out already it is generally recommended to leave Amman at least 4 hours prior to your departure. We wish you a safe flight, and hope, you will return back home with many wonderful memories of your time in Jordan!

End of services



ACCOMMODATION

Throughout the tour, you will spend your nights in different forms of accommodation (details in the itinerary). Each of them comes with its very own charm and experience. Below, you can find a short overview to know what to expect.

Wilderness Camping

Disconnect from daily life while staying at our remote campsites. You will have your own tent with a comfortable mattress, pillow and blanket – all set up by our local suppliers. If you're not ready to sleep yet, you can spend your time in the big community tent, or around the camp fire. Toilet and bucket shower are available.



Bedouin Camps

Bedouin Camps are fixed camps with a traditional desert touch - the perfect opportunity to learn more about our hosts' culture and traditions. There are beds, hot showers, and community areas to enjoy the time with your fellow hikers. Tents are shared by default, but single accommodation is available at a supplement.



Hotels

On this trek, we use simple, but comfortable 3-star accommodations in Amman. By default, you will be accommodated in a twin- or double-room with one of your fellow hikers. Single rooms are available at a supplement.



BEDOUIN GUIDES

On some days of our tour, we will be accompanied by a local guides. The local guides are Bedouins whose families have been living as pastoral nomads in the region for generations. They are a unique source of knowledge, and the best agents of authentic traditions and culture you can wish for.

The local guides are also an essential element of our treks because of their donkeys. The trail will lead us through some of Jordan's remote areas and is not always accessible by car. Sometimes donkeys are therefore the only possible means of transport. They will also carry some additional water, and – in an emergency situation – you.

LOCAL SUPPLIERS

Doing the trek from Dana to Petra would hardly be possible without our great team of local suppliers. They set up the wilderness camps, provide our meals, and are there to help whenever needed. At the same time, we are putting our company's core values into practice by paying fair wages to our local suppliers, and thus help to create better economic perspectives for rural communities in Jordan.



QUEEN ALIA INTERNATIONAL AIRPORT

Queen Alia Int. Airport is located 35 km (20 miles) south of Amman, the capital of Jordan. The airport has one terminal divided into three levels. Upon arrival, you will go through immigration at the mid level. After baggage claim you can visit the Duty Free area. Continue from there into the Arrival Hall, where you will find ATMs, booths for different phone companies and car rentals, and a Starbucks coffee shop.

There is free WIFI throughout!



FLIGHT DELAYS AND CANCELLATIONS

If your flight is delayed or cancelled, work with the airline directly to arrange a new flight. Once you have re-scheduled your flight, please contact us immediately (contact details below) to notify us of your updated travel plans.

LOST LUGGAGE

If your bags fail to arrive at your destination, it is important to file a claim with the airline **before** leaving the airport. If you have purchased travel protection, contact your provider to initiate a claim.

CONTACT INFORMATION

In case of any emergency before, during, or after the trip, please contact the numbers below in the order they appear.

Farah Abubaker:	+962 7 9015 1745
Andy Nurse:	+962 7 9934 9063
Ayman AbdAlkareem:	+962 7 9647 5717



LANGUAGE

Arabic is the official language of Jordan, but in most touristic places people understand and speak some English. However, it is usually very appreciated if you try using some Arabic, and you will for sure draw some smiles and friendly reactions. You can practice the phrases below, and ask your guide or driver to help you use these and other words and sentences appropriately.

Street signs are usually written in both Arabic and English.

ARABIC	PRONOUNCIATION	ENGLISH
Shukran.	[<i>shoe-kran</i>]	Thank you!
Afuan.	[<i>af-wan</i>]	You are welcome. (Used as an answer to <i>Shukran</i> .)
Ahlan Wa-Sahlan!	[<i>ah-lan wa sah-lan</i>]	Welcome! (to Jordan...)
Inshallah!	[<i>in-sha-llah</i>]	God willing!
Keef halak?	[<i>keef haa-lak</i>]	How are you?
Alhamdulillah.	[<i>al-hum-du-li-lah</i>]	Praise God. (Used as an answer to <i>Keef halak?</i> , or generally to comment on anything good.)
Yislamoo.	[<i>yiis-la-moo</i>]	Bless (your hands). (Used when being served food, handed a ticket, etc.)



CLIMATE

In midsummer, temperatures can raise above 40°C during the day. From approximately April to October, it is therefore recommended to pack light and airy clothes, and appropriate sun protection. But don't forget to take a light jacket or jumper as well, it can get quite cool and windy at night (easily below 20°C).

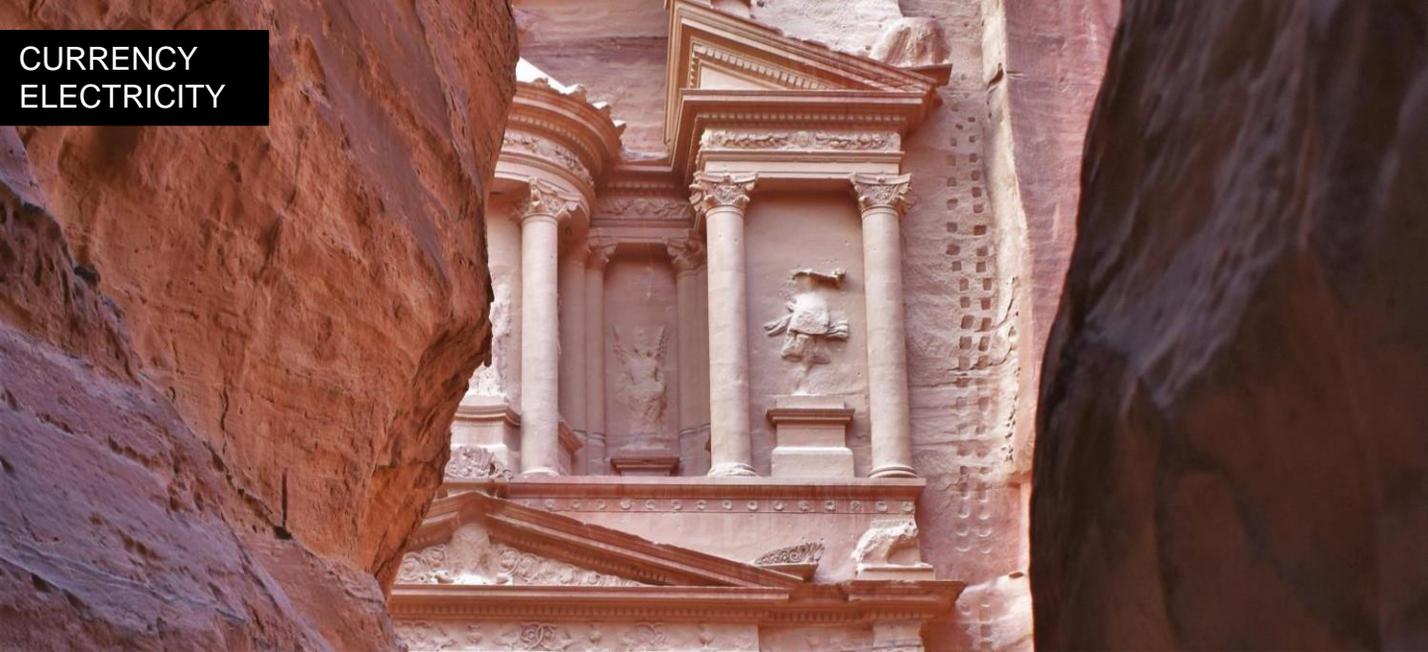
During the colder months (approx. November – March) there is rain, and in January and February potentially even snow. Despite comfortable temperatures on sunny days (15-20°C), it gets freezing cold outside, as well as inside houses once the weather is bad.

CLOTHING

Jordan is a predominantly Islamic nation, and still tends to be quite conservative in many regions. We recommend to dress accordingly. As a general guideline, shoulders and knees should be covered – for women and men. Luckily is loose, lightweight, long clothing in many regards a great choice: While being culturally respectful, you also stay cool and protected from the sun.

In Petra, Wadi Rum, Aqaba's Beach Resorts, and at the Dead Sea, people are used to seeing tourists. A more relaxed dress code, and even beach wear is therefore totally acceptable. Also during hiking shorts can be worn. We, however, generally recommend lightweight hiking trousers to keep off the sun.

Jordan is a desert country. It can, however, get freezing cold during the winter months. Make sure to bring sufficiently warm clothing, especially for the evenings and nights, and be prepared for rain!



ELECTRICITY

Electricity runs on 220/240 volts in Jordan, and thin, circular two pin sockets are often used. However, you may find other types of sockets as well. If you do bring electrical appliances, we recommend to take along travel adapter, as well as voltage converter if your appliance runs on anything else than 220/240 volts.

CURRENCY

The currency in Jordan is the Jordanian Dinar (JOD or JD). Changing money is easy in Jordan, and most major currencies are accepted in cash and as traveler's cheques. US-Dollars are the most accepted, followed by GBP and Euros.

It is useful to have cash for small shops, and when moving outside the bigger cities and tourism sites. Try to break larger notes (especially 50s and 20s) as often as possible when paying in hotels, restaurants, or bigger supermarkets and shops. In all other places in Jordan it is possible to survive almost entirely on credit cards and ATMs. Visa is the most widely accepted card, followed by MasterCard. Other cards, such as Cirrus and Plus, are also often accepted (e.g. by ATMs of the Jordan National Bank and HSBC).



FOOD

Middle Eastern food is world famous! Traditional Jordanian food can be found at several excellent restaurants in Amman – make sure to try some on your free nights in town! A wide range of dishes is served, from Mansaf (lamb or chicken with rice and a sourish yogurt sauce), to Mezze (a mix of salads and dips), to Manaqeesh (flatbread with different toppings), to Falafel and Shawerma sandwiches.

Our Favorite Restaurants in Amman:

[Al-Quds](#): \$-\$\$ | Downtown

[Sufra](#): \$-\$\$ | JabalAmman

[Abu Jbara](#): \$-\$\$ | Medina Street

[Jafra](#): \$\$-\$\$\$ | Downtown

[Wild Jordan Center](#): \$\$-\$\$\$ | JabalAmman

[Shams el-Balad](#): \$\$-\$\$\$ | JabalAmman

[Fakhreldin Restaurant](#): \$\$\$ | JabalAmman

[Bourj al-Hamam](#): \$\$\$ | Intercontinental Hotel, between 2nd and 3rd Circle



DRINKS

In the recent years a vibrant nightlife scene has developed in Amman. Whether you prefer a fancy place with a great view over the city, or a more down-to earth bar with some live music – there is something for almost every taste. Many coffee shops, pubs and bars are located in Jabal Amman (1st Circle) or Jabal al- Weibdeh (Paris Circle).

Our favorite Coffee Shops, Pubs & Bars:

[Bonita](#): Tapas Bar with beautiful garden area | 3rd Circle

[The Corner's Pub](#): Cozy bar, often live music | 2nd Circle

[Cantaloupe Gastro Pub](#): Elegant rooftop bar | JabalAmman

[District](#): Rooftop bar - great views & great happy hour until 8 pm | 2nd Circle Old

[View](#): Nice rooftop coffee shop. No alcohol, but great shisha | JabalAmman

DRINKING WATER

Although it is totally fine to take a shower or brush your teeth with tap water in Jordan, it is not recommended to drink it. You can buy bottled water at small shops, supermarkets, in coffee shops or restaurants. We as a company, however, have been working with our suppliers to use less plastic on tours, and will provide you with filtered water to fill your reusable water bottle or bladder whenever possible.



TIPPING

Tips of 10% are generally expected in better restaurants. Elsewhere, rounding up the bill to the nearest 250 fils or with loose change is appreciated by underpaid staff, especially taxi drivers. Many places in Jordan now have a service fee automatically listed on the bill alongside the tax. Make sure to view your bill before tipping an additional amount.

Gratuities for guides and drivers are not included in the price of your tour. We therefore offer the following **Tipping Guidelines** (per person, per day unless otherwise stated):

Tours

Driver:	\$3+	(total minimum per day: \$15)*
Hotels:	\$2+	
Restaurants:	\$1+ or 10%	
Tour Guide:	\$5+	(total minimum per day: \$25)
Local guide:	\$3+	(total minimum per day: \$15)
Wilderness Camping Support Team:	\$3+	(total minimum per day: \$20)

Transfers

\$10-\$30 per transfer

** We generally recommend the larger tip between per person and group minimum. E.g. for a Driver: 2 pax: \$7.5/person (\$15 total) | 20 pax group: \$3/person (\$60 total)*



MEDICAL CARE

Travelers with physical disabilities, and those requiring frequent or ongoing medical attention should advise us of their health situation at the time of booking (or if you did not do that then, please let us know now).

Carry along an adequate supply of any prescribed medications you may require while traveling. Pharmacies in Jordan are generally well equipped with standard medication, but better not risk it, right?! Prescription medicines should always be carried in their original, labeled containers in your hand luggage (not in checked baggage).

The following **Vaccinations** are recommended for travelers to Jordan:

Diphtheria

Tetanus

Hepatitis A & B

Mumps, Measles & Rubella

Polio

Typhoid

Yellow Fever (mandatory for all travelers who have recently been in infected areas, such as Sub-Saharan Africa, and parts of South America)

If you travel to the region for the first time, we recommend to consult a health care professional about individual requirements several months prior to your trip!



PHOTOGRAPHY

Bring all the photographic equipment you will need from home. If your camera is very valuable, you might also want to think about getting it insured before your departure.

Always be considerate of anyone's desire not to be photographed. If you take photos of people, always ask them for permission first. The only exception is when photographing a public scene with a lot of people in it, aiming at no one in particular.

There are some places where photography is prohibited, and these areas are usually clearly marked. Do not take photographs of military installations or airports. If you are uncertain about whether or not photography is permitted, ask. Taking photographs when permission is not granted is inconsiderate at best and may result in the confiscation of your camera.

VALUABLES & TRAVEL INSURANCE

Generally, the security situation is very good in Jordan. Exercise the same safety precautions throughout your travels as you would at home. Be especially careful with your passport! It is a great idea to carry a photocopy of the informational pages of your passport (the pages containing your photograph and passport details, as well as any amendment pages and visas), and to leave another copy at home.

We also recommend to purchase adequate medical, as well as a trip cancellation and baggage insurance, and to carry the details of their coverage with you during the tour.

Thanks for Reading!

Thank you, for taking the time to check out this Travel Guide! We hope you find it useful to prepare for your upcoming trip. However, please keep in mind that especially the itinerary is not set in stone. To make sure you have the best possible experience in Jordan, there may be minor changes without further notice.

If you have any further questions, please don't hesitate to contact us. Cheers, safe travels, and we are looking forward to hosting you in Jordan soon!



PHOTOS

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